

Travelodge Bar Café - Dinner Menu - Allergy Chart - V41 October 2025	
---	--

[illegible]

Travelodge Bar Café - Dinner Menu - Allergy Chart - V41 October 2025

Menu Item	Contains													Suitable For...	Further Info....		
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Vegetarians	Vegans	Type of Nuts or type of Cereals and Gluten included & May Contain
Margherita		✓					✓								Yes	No	Wheat and gluten. May contain traces of mustard (and products thereof), sesame seeds and sesame seeds products, soybean and soybean products
Pepperoni		✓					✓								No	No	Wheat and gluten. May contain traces of mustard (and products thereof), sesame seeds and sesame seeds products, soybean and soybean products
Veggie Flatbread Pizza	✓	✓					✓								Yes	No	Wheat and gluten. May contain celery, almonds, Brazil nuts, Cashews and tree nuts
Spicy Chipotle Pulled Pork		✓					✓								No	No	Wheat and gluten. May contain traces of mustard (and products thereof), sesame seeds and sesame seeds products, soybean and soybean products
BBQ Chicken		✓					✓								No	No	Wheat and gluten. May contain traces of mustard (and products thereof), sesame seeds and sesame seeds products, soybean and soybean products
Meat Feast		✓					✓								No	No	Wheat and gluten. May contain traces of mustard (and products thereof), sesame seeds and sesame seeds products, soybean and soybean products
Hot Honey Pepperoni		✓					✓								No	No	Wheat and gluten. May contain traces of mustard (and products thereof), sesame seeds and sesame seeds products, soybean and soybean products

Travelodge Bar Café - Dinner Menu - Allergy Chart - V41 October 2025

Menu Item	Contains														Suitable For...		Further Info....
	Celery	Cereals Containing Gluten	Crustaceans												Eggs	Fish	
Veggie		✓					✓								Yes	No	Wheat and gluten. May contain traces of almonds, mustard (and products thereof), sesame seeds and sesame seeds products, soybean and soybean products
MAINS																	
Cuban Flatbread	✓	✓											✓		Yes	Yes	Wheat and Gluten. May contain tree nuts, peanuts, hazelnuts, Brazil nuts, Macadamia or Queensland nuts, pecan nuts, pistachio nuts, walnuts and almonds
Punjabi Chicken Tikka Masala		✓											✓		No	No	Wheat and gluten. May contain soya
Punjabi Chicken Tikka Masala (no bread)															No	No	
Hot Wings		✓					✓										Wheat and Gluten
Steak & Ale Pie and Mash	✓	✓		✓			✓								No	No	Wheat, Barley, Gluten
Sizzling Chicken	✓	✓							✓				✓		No	No	Wheat and Gluten
Sausage & Mash	✓	✓					✓								No	No	Wheat and Gluten
Veggie sausage and mash	✓	✓					✓								Yes	No	Wheat and Gluten
Keralan Cauliflower Curry		✓							✓	✓			✓		Yes	Yes	Wheat and gluten. May contain traces of tree nuts, almonds, Brazil nuts, cashews, hazelnuts, Macadamia or Queensland nuts, pecan nuts, walnuts, pistachio nuts, soybean and soybean products
Buddha Bowl with Chicken Strips	✓	✓											✓		No	No	Barley, Oats, Rye, Wheat
Buddha Bowl with Chicken Skewers	✓	✓											✓		No	No	Barley, Oats, Rye, Wheat
Buddha Bowl with Chicken Skewers & Chimichurri sauce	✓	✓											✓		No	No	Barley, Oats, Rye, Wheat. May contain traces of peanuts, tree nuts, almonds, Brazil nuts, cashews, hazelnuts, Macadamia or Queensland nuts, pecan nuts, walnuts, pistachio nuts.

Travelodge Bar Café - Dinner Menu - Allergy Chart - V41 October 2025	
---	--

	Contains												Suitable For...	Further Info....			
Menu Item	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Vegetarians	Vegans	Type of Nuts or type of Cereals and Gluten included & May Contain
Buddha Bowl with Falafel	✓	✓											✓	✓	Yes	Yes	Barley, Oats, Rye, Wheat, Sulphur Dioxide and Sulphites
Shakshuka Moroccan Vegan Roast		✓												✓	Yes	Yes	Wheat and Gluten
Shakshuka Moroccan Vegan Roast (Gluten free)														✓	Yes	Yes	
Shakshuka Moroccan Chicken		✓							✓				✓		No	No	Wheat and Gluten
BURGERS (Served with Chips)																	
Cheese Burger	✓	✓		✓			✓		✓				✓		No	No	Barley, rye, wheat and gluten. May contain sesame seeds and sesame seed products
Southern Fried Chicken Burger with Franks	✓	✓					✓								No	No	Rye, wheat and gluten. May contain barley, sesame seeds and sesame seed products
Southern Fried Chicken Burger with Mayo	✓	✓					✓		✓						No	No	Rye, wheat and gluten. May contain barley, sesame seeds and sesame seed products
Spinach Falafel Burger	✓	✓							✓						Yes	Yes	Rye, wheat and gluten. May contain barley, sesame seeds and sesame seed products
Spinach Falafel Burger (Red Menu)	✓	✓							✓						Yes	Yes	Rye, wheat and gluten. May contain barley, sesame seeds and sesame seed products
EXTRAS																	
Back Bacon															No	No	
Giant Beer Battered Onion Rings		✓													Yes	Yes	Barley, Wheat and gluten. May contain Rye & Oats
Pulled Pork															No	No	
American Cheese							✓								Yes	No	
Beef Burger		✓		✓									✓		No	No	Wheat and gluten
Southern Fried Chicken Goujon	✓	✓					✓								No	No	Wheat and gluten
Vegan Burger	✓	✓										✓	✓		Yes	Yes	Wheat, sesame seeds, celery & soy
SIDES																	
Thick Cut Chips (McCain) (Bidfood)															Yes	Yes	

Travelodge Bar Café - Dinner Menu - Allergy Chart - V41 October 2025

Menu Item	Contains														Suitable For...		Further Info....
	Celery	Cereals Containing Gluten	Crustaceans												Eggs	Fish	
Garlic Flatbread		✓					✓								Yes	No	Wheat and gluten
Garlic Flatbread w mozzarella		✓					✓								Yes	No	Wheat and gluten
Giant Beer Battered Onion Rings		✓													Yes	Yes	Barley, Wheat and gluten. May contain Rye & Oats
Corn on the Cob															Yes	Yes	
House Salad	✓														Yes	Yes	
Green Beans															Yes	Yes	
SAUCES																	
Peri Peri Sauce		✓													Yes	Yes	Wheat and gluten
Everyday Favourite BBQ Sauce															Yes	Yes	
Lemon and Herb Piri Piri Sauce															Yes	Yes	
Franks Red Hot Cayenne Pepper Sauce													✓		Yes	Yes	
Lion Vegan Garlic Mayo									✓						Yes	Yes	
Scotch Bonnet Hot Honey Sauce															Yes	No	
DESSERTS																	
Knickerbocker Glory		✓					✓							✓	Yes	No	Wheat and gluten. May contain soya
Sticky Toffee Pudding		✓		✓			✓							✓	Yes	No	Wheat and gluten. May contain soya
Sticky Toffee Pudding (Everyday Favourites Bidfood)		✓		✓			✓								Yes	No	Barley and wheat. May contain traces of tree nuts, almonds, hazelnuts, walnuts, pecan nuts and pistachio nuts.
Pancake Stack		✓											✓		Yes	Yes	Wheat. May contain traces of milk and eggs products due to production in the same factory
Chocolate Fudge Cake		✓								✓					Yes	Yes	Wheat. May contain traces of almonds, eggs and egg products, milk and milk products, pecan nuts, pistachio nuts and tree nuts due to production in the same factory.

Travelodge Bar Café - Dinner Menu - Allergy Chart - V41 October 2025

Menu Item	Contains													Suitable For...	Further Info....		
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Vegetarians	Vegans	Type of Nuts or type of Cereals and Gluten included & May Contain
Groups - Pecan & Maple Cake		✓		✓			✓			✓			✓		Yes	No	Wheat, Oats, Tree Nuts and Pecan Nuts. May contain traces of almonds, hazelnuts, walnuts and pistachio nuts.
Groups - Bakewell Tart		✓		✓			✓			✓	✓				Yes	No	Wheat, Tree Nuts, Almonds. May contain traces of peanuts, hazelnuts, walnuts and pecan nuts.
Vanilla Ice Cream							✓								Yes	No	May contain traces of soya, peanuts and tree nuts
Swedish Glace Smooth Vanilla													✓		Yes	Yes	
Chocolate Ice Cream													✓		Yes	Yes	May contain traces of eggs, milk , tree nuts, peanuts, hazelnuts, Brazil nuts, Macadamia or Queensland nuts, pecan nuts, pistachio nuts, walnuts and almonds due to production in the same factory.
Reeces Peanut Butter Ice Cream							✓			✓	✓		✓		Yes	No	May contain traces of egg, tree nuts, almonds, hazelnuts,Hazelnuts, Walnuts, Cashews, Pecan nuts, Brazil nuts, Pistachio nuts, Macadamia or Queensland nuts
Alphonso Mango Sorbet															Yes	Yes	May contain almonds, Brazil nuts, cashews, egg and egg products, hazelnuts, Macadamia or Queensland nuts, milk and milk products, peanut and peanut Products, pecan nuts, pistachio nuts, soybean and soybean products, tree nuts and walnuts due to production in the same factory.
Salted Caramel Ice Cream				✓			✓								Yes	No	May contain traces of soya, peanuts and tree nuts

Travelodge Bar Café - Dinner Menu - Allergy Chart - V41 October 2025

Menu Item	Contains			Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Suitable For...		Further Info....
	Vegans	Vegetarians	Type of Nuts or type of Cereals and Gluten included & May Contain																	
Served with Strawberry Sauce																		Yes	Yes	
Served with Chocolate Sauce																		Yes	Yes	
Served with Custard										✓								Yes	No	
Served with Cream										✓								Yes	No	
CHILDREN'S MENU																				
Prep Premium Griddle Spray																		Yes	Yes	
Fish Fingers		✓			✓													No	No	Wheat and Gluten
Sausage & Mash		✓					✓											Yes	No	Wheat and Gluten
Quorn Sausage		✓																Yes	Yes	Barley, wheat and gluten
Little Lodgers Beef Burger		✓		✓												✓		No	No	Wheat, Rye. May contain traces of barley, sesame seeds and sesame seed products
Mini Margherita Pizza		✓					✓											Yes	No	Wheat and gluten. May contain soya and mustard
Chicken Skewers with Rice																		No	No	Wheat
Served with Peas																		Yes	Yes	
Served with Chips																		Yes	Yes	
Served with Beans																		Yes	Yes	
Served with Mashed Potato							✓											Yes	No	
Served Onion Gravy	✓																	Yes	Yes	
Garlic Flatbread		✓					✓											Yes	No	Wheat and gluten
Corn on the Cob																		Yes	Yes	
CHILDRENS MENU - DESSERTS																				
Fruit Salad and Vanilla Ice Cream							✓											Yes	No	
Vanilla Ice cream							✓											Yes	No	May contain traces of soya, peanuts and tree nuts

Travelodge Bar Café - Dinner Menu - Allergy Chart - V41 October 2025

Menu Item	Contains													Suitable For...	Further Info....	
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Sulphur Dioxide	Vegetarians	Vegans	Type of Nuts or type of Cereals and Gluten included & May Contain
Fruit & Swedish Glace Smooth Vanilla Ice Cream (Red Menu)													✓	Yes	No	
Swedish Glace Smooth Vanilla													✓	Yes	Yes	
Chocolate Ice Cream													✓	Yes	Yes	May contain traces of eggs, milk , tree nuts, peanuts, hazelnuts, Brazil nuts, Macadamia or Queensland nuts, pecan nuts, pistachio nuts, walnuts and almonds due to production in the same factory.
Alphonso Mango Sorbet							✓			✓	✓		✓	Yes	No	May contain traces of egg, tree nuts, almonds, hazelnuts,Hazelnuts, Walnuts, Cashews, Pecan nuts, Brazil nuts, Pistachio nuts, Macadamia or Queensland nuts
Reeces Ice Cream														Yes	Yes	May contain almonds, Brazil nuts, cashews, egg and egg products, hazelnuts, Macadamia or Queensland nuts, milk and milk products, peanut and peanut Products, pecan nuts, pistachio nuts, soybean and soybean products, tree nuts and walnuts due to production in the same factory.
Salted Caramel Ice Cream				✓			✓							Yes	No	May contain traces of soya, peanuts and tree nuts
Served with Strawberry Sauce														Yes	Yes	
Served with Chocolate Sauce														Yes	Yes	
Knickerbocker Glory		✓					✓						✓	Yes	No	Wheat and gluten. May contain soya
Yeo Valley Organic Strawberry Yoghurt							✓							Yes	No	
Alpro Plant based Yoghurt (Peach, Pear, Strawberry, Banana)										✓			✓	Yes	Yes	May contain tree nuts

Travelodge Bar Café - Dinner Menu - Allergy Chart - V41 October 2025

	Contains												Suitable For...	Further Info....			
Menu Item		Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Vegetarians	Vegans	Type of Nuts or type of Cereals and Gluten included & May Contain
	Celery																
CONDIMENTS																	
Salt															Yes	Yes	
Pepper															Yes	Yes	
Hellmann's Real Mayonnaise Sachet				✓											Yes	No	
Heinz English Mustard Sachet		✓							✓						Yes	No	Wheat and Barley
Heinz Mayonnaise Sachet				✓					✓						Yes	No	
Heinz Mayonnaise Pouch 2.5L				✓					✓						Yes	No	
Heinz Brown Sauce Sachet		✓													Yes	Yes	Barley and Rye
Heinz Tomato Ketchup Sachet	✓														Yes	Yes	
Heinz Tomato Ketchup Pouch 2.5L	✓														Yes	Yes	
Heinz Malt Vinegar		✓													Yes	No	Barley
Coronet Brown Sauce														✓	Yes	Yes	
Coronet Tomato Ketchup															Yes	Yes	
Coronet Tartare Sauce				✓					✓						Yes	No	
Heinz HP Brown Sauce		✓													Yes	Yes	Barley and Rye