

Travelodge Bar Café - Breakfast Menu - Allergy Chart - Version 37 - October 2025

Menu Item	Contains...														Suitable For...		Further Info....
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Vegetarians	Vegans	Type of Nuts or type of Cereals and Gluten included & May Contain
Hot - Back Bacon															No	No	
Hot - Cumberland Sausage		✓													No	No	<i>Wheat</i>
Hot - Scrambled Egg				✓			✓								Yes	No	
Hot - Hash Browns (McCain & Bidfood)															Yes	Yes	
Hot - Quorn Sausage		✓													Yes	Yes	<i>Wheat</i>
Hot - Mushrooms															Yes	Yes	
Hot - Tomatoes															Yes	Yes	
Hot - Baked Beans (Evfav & Branston)															Yes	Yes	
Hot - Potato Scones		✓													Yes	Yes	<i>Wheat. May contain eggs, soya, milk, tree nuts, almonds, hazlenuts, walnuts, cashews, pecan nuts, brazil nuts, pistachio nuts, macadema nuts, queensland nuts and sesame seeds.</i>
Cereal - Quarker Oat Granola		✓								✓					Yes	No	<i>Wheat and Oats. May contain Almonds, Barley, Hazelnuts, Milk and Milk Products, Pecan nuts, Rye Tree nuts</i>
Cereal - Evfav Granola		✓								✓					Yes	No	<i>Oats, tree nuts, almonds. May contain Rye, Barley, Wheat</i>
Cereal - Coco Pops		✓					✓								Yes	No	<i>Barley</i>
Cereal - Corn Flakes		✓													Yes	No	<i>Barley and gluten. May contain traces of wheat, rye and oats.</i>
Cereal - Crunchy Nut Cornflakes		✓									✓				Yes	No	<i>Barley</i>
Cereal - Frosties		✓									✓				Yes		<i>Barley</i>

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Cold - Yeo Valley Organic Strawberry Yoghurt							✓								Yes	No	
Cold - Alpro Plant based Yoghurt (Peach, Pear, Strawberry, Banana)													✓		Yes	Yes	May contain tree nuts
Cold - Croissant		✓		✓			✓					✓			Yes	No	Wheat. May contain soya and tree nuts
Cold - White Bread		✓											✓		Yes	Yes	Wheat. May contain sesame seeds
Cold - Wholemeal Bread		✓											✓		Yes	Yes	Wheat. May contain rye, barley and oats
Cold - Bagel		✓													Yes	Yes	Wheat, Barley. May contain sesame seeds
Cold - Forest Fruits Sauce															Yes	Yes	May contain gluten, wheat, eggs, milk, tree nuts, almonds, hazelnuts, walnuts, pecan nuts and pistachio nuts
Cold - Vegan Pancakes		✓													Yes	Yes	Wheat. May contain traces of milk and eggs due to production in the same factory
Condiments -Assorted Jam Portions															Yes	Yes	
Condiments -Marmalade															Yes	Yes	
Condiments - Jim Jams Hazlenut Spread							✓			✓					Yes	Yes	Hazlenuts. May contain traces of peanuts, cereal (gluten) and soya
Condiments -Honey															Yes	No	

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	Celery																
Condiments - Nutella							✓			✓			✓		Yes	No	Hazelnuts, tree nuts
Condiments - Butter Portions							✓								Yes	No	
Condiments - Vegetable Spread															Yes	Yes	
Condiments - Peanut Butter											✓				Yes	Yes	Peanuts
Condiments - Lyles Maple Flavoured Syrup															Yes	Yes	
Cold - Alpro Unsweetened Almond Milk										✓					Yes	Yes	Tree nuts, Almonds
Cold - Semi Skimmed Milk							✓								Yes	No	
Cold - Pureoaty Barista Oat drink										✓					Yes	Yes	Oats
Cold - Apple Juice															Yes	Yes	
Cold - Orange & Apple Juice															Yes	Yes	
Hot - Cadbury Hot Chocolate Singles							✓								Yes	No	
Latte							✓								Yes	No	
Cappuccino							✓								Yes	No	
Americano															Yes	Yes	
Espresso															Yes	Yes	
Mocha															Yes	No	
Typhoo Tea															Yes	Yes	
Ridgways Tea															Yes	Yes	
Green Tea															Yes	Yes	
Peppermint Tea															Yes	Yes	
Red Berries Tea															Yes	Yes	

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	Celery																																
	Condiments - Coronet Tartare Sauce																			✓					✓						Yes	No	
	Condiments - Coronet Tomato Ketchup																														Yes	Yes	
	Condiments - Heinz Brown Sauce Sachets																		✓												Yes	Yes	Rye and Barley
	Condiments - Heinz Malt Vinegar																		✓												Yes	Yes	Barley
	Condiments - Heinz Mayonnaise																			✓					✓						Yes	No	
	Condiments - Heinz Tomato Ketchup Sachets																	✓													Yes	Yes	
	Condiments - Sugar Sticks																														Yes	Yes	
	Condiments - Sunflower Spread																														Yes	Yes	
	Condiments - Sweetener Sticks																														Yes	Yes	
	Condiments -Pepper																														Yes	Yes	
Condiments -Salt														Yes	Yes																		

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