Travelodge Bar Co	ıfé -	Br	'ea	kfo	tec	Me	enu	1 - <i>1</i>	Alle	erg	y C	ha	rt -	- Ve	ersi	on :	37 - October 2025
																	Further Info
Menu Item	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Vegetarians	Vegans	Type of Nuts or type of Cereals and Gluten included & May Contain
Hot - Back Bacon															No	No	
Hot - Cumberland Sausage		✓													No	No	Wheat
Hot - Scrambled Egg				√			√								Yes	No	
Hot - Hash Browns (McCain & Bidfood)															Yes	Yes	
Hot - Quorn Sausage		√													Yes	Yes	Wheat
Hot - Mushrooms															Yes	Yes	
Hot - Tomatoes															Yes	Yes	
Hot - Baked Beans (Evfav & Branston)															Yes	Yes	
Hot - Potato Scones		V													Yes	Yes	Wheat. May contain eggs, soya, milk, tree nuts, almonds, hazlenuts, walnuts, cashews, pecan nuts, brazil nuts, pistachio nuts, macadema nuts, queensland nuts and sesame seeds.
Cereal - Quarker Oat Granola		√								√					Yes	No	Wheat and Oats. May contain Almonds, Barley, Hazelnuts, Milk and Milk Products, Pecan nuts, Rye Tree nuts
Cereal - Evfav Granola		V								√					Yes	No	Oats, tree nuts, almonds. May contain Rye, Barley, Wheat
Cereal - Coco Pops		✓					√								Yes	No	Barley
Cereal - Corn Flakes		✓													Yes	No	Barley and gluten. May contain traces of wheat, rye and oats.
Cereal - Crunchy Nut Cornflakes		✓									✓				Yes	No	Barley
Cereal - Frosties		√									√				Yes		Barley

Travelodge Bar Co	ıfé -	Bı	rea	kfo	ast	Me	enu	1 -	Alle	erg	y C	ha	rt ·	- Ve	ersi	on :	37 - October 2025
		Contains														le For	Further Info
Menu Item	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Vegetarians	Vegans	Type of Nuts or type of Cereals and Gluten included & May Contain
Cereal - Frosted Shreddies Whole Grain		√								√					Yes		Wheat, barley, oats. May contain traces of peanuts
Cereal - Fruit and Fibre		√					√			V					Yes	No	Wheat, barley, hazelnuts, tree nuts. May contain traces of peanuts and peanut products
Cereal - Honey Cheerios		√								√					Yes		Wheat, barley, oats. May contain traces of peanuts
Cereal - Multigrain Cheerios		√								√					Yes		Wheat, barley, oats. May contain traces of peanuts and treenuts
Cereal - Rice Krispies		✓													Yes	No	Barley
Cereal - Shredded Wheat Bitesize Whole Grain		√								√					Yes		Wheat, barley, oats. May contain traces of peanuts
Cereal - Special K		✓					✓			√	√				Yes		Wheat, barley, hazelnuts, tree nuts
Cereal - Weetabix		✓													Yes	Yes	Wheat and barley
Cereal - Schar GF Cornflakes															Yes	Yes	
Cereal - Stoats Porridge		√					✓			V					Yes	No	Wheat, oats. May contain tree nuts and soya bean
Cold - Fresh Fruit Salad															Yes	Yes	
Cold - Banana															Yes	Yes	
Cold - Orange															Yes	Yes	
Cold - Apple															Yes	Yes	
Cold - Yeo Valley Natural Yoghurt							✓								Yes	No	

Travelodge Bar Ca	Travelodge Bar Café - Breakfast Menu - Allergy Chart - Version 37 - October 2025															37 - October 2025	
		Contains													Suitab	le For	Further Info
Menu Item	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Vegetarians	Vegans	Type of Nuts or type of Cereals and Gluten included & May Contain
Cold - Yeo Valley Organic Strawberry Yoghurt							V								Yes	No	
Cold - Alpro Plant based Yoghurt (Peach, Pear, Strawberry, Banana)													√		Yes	Yes	May contain tree nuts
Cold - Croissant		√		√			√					√			Yes	No	Wheat. May contain soya and tree nuts
Cold - White Bread		√											√		Yes	Yes	Wheat. May contain sesame seeds
Cold - Wholemeal Bread		√											√		Yes	Yes	Wheat. May contain rye, barley and oats
Cold - Bagel		√													Yes	Yes	Wheat, Barley. May contain sesame seeds
Cold - Forest Fruits Sauce															Yes	Yes	May contain gluten, wheat, eggs, milk, tree nuts, almonds, hazelnuts, walnuts, pecan nuts and pistachio nuts
Cold - Vegan Pancakes		V													Yes	Yes	Wheat. May contain traces of milk and eggs due to production in the same factory
Condiments -Assorted Jam Portions															Yes	Yes	
Condiments -Marmalade															Yes	Yes	
Condiments - Jim Jams Hazlenut Spread							V			V					Yes	Yes	Hazlenuts. May contain traces of peanuts, cereal (gluten) and soya
Condiments -Honey															Yes	No	

Travelodge Bar Ca	fé -	Bı	rea	kfo	tst	Me	enu	1 -	Alle	erg	y C	ha	rt -	- Ve	ersio	on :	37 - October 2025	
							Со	ntains	5						Suitab	le For	Further Info	
Menu Item	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Vegetarians	Vegans	Type of Nuts or type of Cereals and Gluten included & May Contain	
Condiments - Nutella							✓			✓			✓		Yes	No	Hazelnuts, tree nuts	
Condiments - Butter Portions							✓								Yes	No		
Condiments - Vegetable Spread															Yes	Yes		
Condiments - Peanut Butter											✓				Yes	Yes	Peanuts	
Condiments - Lyles Maple Flavoured Syrup															Yes	Yes		
Cold - Alpro Unsweetened Almond Milk										✓					Yes	Yes	Tree nuts, Almonds	
Cold - Semi Skimmed Milk							√								Yes	No		
Cold - Pureoaty Barista Oat drink										√					Yes	Yes	Oats	
Cold - Apple Juice															Yes	Yes		
Cold - Orange & Apple Juice															Yes	Yes		
Hot - Cadbury Hot Chocolate Singles							√								Yes	No		
Latte							√								Yes	No		
Cappuccino							✓								Yes	No		
Americano															Yes	Yes		
Espresso															Yes	Yes		
Mocha															Yes	No		
Typhoo Tea															Yes	Yes		
Ridgways Tea															Yes	Yes		
Green Tea															Yes	Yes		
Peppermint Tea															Yes	Yes		
Red Berries Tea															Yes	Yes		

							Co	ntains	•••						Suitab	le For	Further Info	
Menu Item	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Vegetarians	Vegans	Type of Nuts or type of Cereals and Gluten included & May Contain	
Condiments - Coronet Tartare Sauce				✓					✓						Yes	No		
Condiments - Coronet Tomato Ketchup															Yes	Yes		
Condiments - Heinz Brown Sauce Sachets		✓													Yes	Yes	Rye and Barley	
Condiments - Heinz Malt Vinegar		✓													Yes	Yes	Barley	
Condiments - Heinz Mayonnaise				✓					✓						Yes	No		
Condiments - Heinz Tomato Ketchup Sachets	✓														Yes	Yes		
Condiments - Sugar Sticks															Yes	Yes		
Condiments - Sunflower Spread															Yes	Yes		
Condiments - Sweetener Sticks															Yes	Yes		
Condiments -Pepper															Yes	Yes		
Condiments -Salt															Yes	Yes		
	•	•	•			•	•	•	•	•	•	•	•	•	•	•	•	
Substitutes																		
Cereal - Kellogs Granola		√								√					Yes	Yes	Wheat, Barley, Oats, tree nuts, almonds May contain Milk	