

Burgers

Served in a toasted brioche bun with lettuce, tomato, pickled gherkin, thick-cut chips and tomato ketchup. Upgrade to baked waffle fries for

CHEESE BURGER

Two beef burgers with American cheese and burger sauce. 1062kcal

SOUTHERN-FRIED CHICKEN BURGER

Buttermilk chicken goujons in a delicious Southern-Fried coating with American cheese. Served with vegan garlic mayo 1085kcal or heat it up with Frank's® RedHot sauce S 977kcal.

SPINACH & FALAFEL BURGER

A delicately-spiced, Middle Eastern-style burger made from a blend of chickpeas, onion and spinach, served in a vegan bun with chunky salsa and vegan garlic mayo. VE 899kcal

MAKE ONE OF OUR BURGERS YOUR OWN BY ADDING ANY OF THE FOLLOWING**:

Bacon GF 41kcal
Giant Beer-Battered Onion Rings VE 255kcal
American Cheese V 41kcal

Beef Burger 169kcal
Southern-Fried Buttermilk Chicken Goujon 103kcal
Spinach & Falafel Vegan Burger VE 193kcal

V - Vegetarian
VE - Vegan
GF - Gluten free
S - Spicy
L - under 600 calories
Full T&Cs on reverse

Mains

A selection of our **favourite dishes.**

KERALAN CAULIFLOWER CURRY VE S

Chunky cauliflower and red pepper in a spicy, creamy curry sauce. Served with white rice, a flame-baked naan 755kcal
Without the naan GF 646kcal

PUNJABI CHICKEN TIKKA MASALA D

Tender chicken served in a mild curry sauce. Served with white rice and a flame-baked naan. 705kcal. Without the naan GF L 596kcal

NEW SAUSAGE & MASH

Three Cumberland sausages, with buttery mash, garden peas and onion gravy. 728kcal Vegetarian option available. 705kcal

NEW BUDDHA BOWL WITH CHICKEN SKEWERS 475kcal L OR CHICKEN STRIPS 464kcal L OR FALAFEL 518kcal VE L

A wholesome mix of black rice, diced tomatoes, avocado, azuki beans, soybeans, spring onion and a chimichurri sauce with mixed leaves, tomato and cucumber.

PASTA ARRABBIATA D

Rigatoni with PEPPADEW™ piquante peppers and sliced mixed peppers in a garlic tomato chilli sauce served with Grana Padano shavings. S L 541kcal
Add Nduja (n-du-ya!) spicy sausage. S 791kcal

NEW HOT WINGS D

Eight devilishly hot wings that deliver a real kick. Served with thick-cut chips and cool sour cream. S 1256kcal.

STEAK & ALE PIE D

Chunky British beef in a rich ale gravy encased in shortcrust pastry, served with buttery mash, garden peas and gravy. 1060kcal

SIZZLING CHICKEN D

A sizzling butterfly chicken breast served with thick-cut chips, corn on the cob, dressed slaw and a side salad. 632kcal.

CUBAN FALAFEL FLATBREAD

Five falafel bites on a bed of mixed salad in a chimichurri sauce, served on a Middle Eastern-style hand-stretched flatbread. VE 622kcal

Sides

The perfect addition.

THICK-CUT CHIPS

VE GF L 308kcal

GARLIC FLATBREAD

Middle Eastern-style, hand-stretched flatbread with garlic and herb butter. V L 367kcal
Add mozzarella V L 500kcal

GIANT BEER-BATTERED ONION RINGS

VE L 255kcal

CORN ON THE COB

VE GF L 126kcal

HOUSE SALAD

VE GF L 61kcal

Enjoy more with our tasty

Meal Deal

Any main and side or dessert



These dishes are available as part of our Meal Deal for a £1.50^ supplement.

TERMS & CONDITIONS

Before you order your food, please ask for our allergen guide or go to www.travelodge.co.uk/about/allergen-information, the team cannot offer specific advice or recommendations beyond our published allergen guide. Ingredients can occasionally be substituted at short notice so please review the allergy information on the website at the time of your visit and ask your server when you arrive.

All of our products may contain traces of nuts and/or dairy.

GF made with gluten free ingredients, however some of our cooking methods may affect this. **V**/**VE** made with vegetarian/vegan ingredients, however some of our cooking methods may affect this.

The calories provided are based on the average serving size for the whole dish or drink as detailed on the menu, unless otherwise stated. We ensure that the calorie information provided is as accurate as possible and correct at the time of printing, however some product variation may occur.

Ingredients are occasionally substituted or changed which may affect the calorie information. Adults need around 2000 calories a day.

Dishes and ingredients subject to change, we may occasionally sell out of some of the more popular dishes.

*The meal deal includes a main and a side or dessert. **▶ ^These dishes are available as part of our Meal Deal for a £1.50 supplement.** **V** Vegetarian, **VE** Vegan, **GF** Gluten Free, **S** Spicy, **L** Under 600 calories.